

Welcome to Winter!



Jim Crabtree



Lynn Johnson



by artist Viviane Faulkner

by Maril Crabtree



Energy Healing: The Gift That Keeps on Giving

We're all familiar with the traditional uses for energy healing: working with our own self-healing issues or working with others to help activate their inner healer for a variety of physical, mental, emotional or spiritual ailments.

What about other less traditional uses? Are there other reasons to study and learn hands-on energy healing? Are there other gifts to receive from this wondrous way of connecting with the broader, deeper realities that permeate the unseen realms both within us and outside of us?

Viviane Faulkner, a third year Core Star student, offers a resounding "YES" to these questions as you will read in her article below, and see in the photographs of her work. She describes with eloquence how her art has benefited from her healing journey with Core Star.

In this great gift-giving season, give yourself a little time to reflect on the gifts energy healing has brought to your life or to others through you. If you're a Core Star graduate, how have you used your training?



913-831-4422

6045 Martway, suite 104
Shawnee Mission, KS 66202



If you have been to a Core Star healing practitioner, what are some ways your life has changed and benefited?

If you have found some "nontraditional" ways your Core Star training or journey with healing has helped you, we'd love to hear from you.

Passage To Healing The Core Star Healing School

A New Perspective

I never planned on having a healing practice and at first I wasn't sure why I came to Corestar, but as an artist I knew almost immediately that I would find amazing experiences here that I could coax into something real in both oil and glass. I have been an artist all my life, practicing my crafts of drawing and using color, always looking for more depth than mere representation allows. I have found this through Corestar.



I am now in my third year of classes and know that the wealth of material presented has given my work a new dimension and a new beginning. In my glasswork, I have become more available to broader intuitive messages regarding design and fabrication. In my oil painting I am finding a deeper perspective when working outdoors, exploring symbology for personal expression and charting or mapping areas of the energy realm that I have discovered through class discussions and hands-on practice. Everything we learn is an opportunity, potential for my visual imagery to expand with each new concept that is passed on.

It is a treasure.

Viviane Faulkner
tallpoppy@sbcglobal.net

Dates for the 2007-08 Core Star Foundation Series

Jan. 10 - Jan. 13
March 27 - March 30
May 8 - May 11

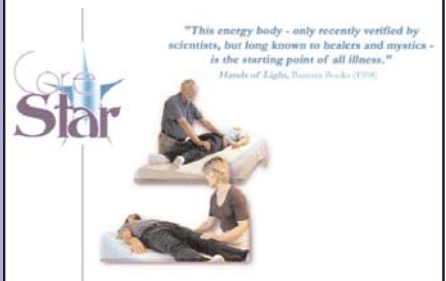
Advanced Healing Training (second and third years)

Nov. 29 - Dec. 2: Surrender
Mar 13 - Mar 16 Connection
April 24 - April 27 -
Transcendence
June 5 - June 8 Graduation

www.CoreStarEnergyHealing.com
or call us at 913-831-4422



stained glass by Viviane Faulkner



Core Star Workshop Series

Awakening the Chakras 4 and 5, (the Heart and Throat centers) *with Lynn*

December 6th, Thursday 6:00 - 9:00 p.m. fee \$35
Call 913-831-4422 for reservations

held at Core Star 6045 Martway, suite 104, Mission KS 66202
Visit our website www.CoreStarEnergyHealing.com

Discover a healing journey in which you'll explore how to awaken to your inner healer. Have an introduction to the tools for awakening, enlivening and discovering the chakras. You'll discover the psychological functions of the chakras and explore gentle yoga, essential oils and healing stones to bring greater awareness and balance into your life.

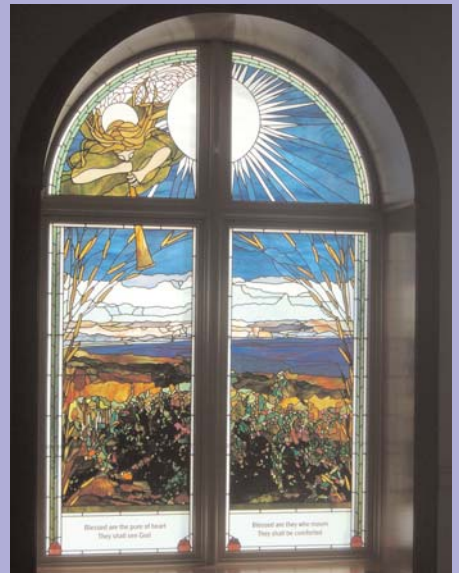
Explore the chakras of the upper body and their fascinating functions. Learn about your body's unique methods of protection, and dive into revealing greater awareness, expansion and expression through the Chakras and into your life.

These are the benefits for balancing The 4th chakra:

Trust in self and others
Feeling supported in every way
Love and Compassion for self and others
Trust in the universe that all things will work out for your highest good
Connection to the spiritual realm

These are the benefits for balancing The 5th chakra:

Ability to listen
Easy open communication
Honesty
Creative self expression
Ability to speak your truth in all areas of your life
Feeling as if you are in the right job that supports you totally, financially and emotionally
Ability to sing and chant without hesitation



stained glass by Viviane Faulkner





Yoga Fundamentals:

Mondays: 4:00 - 5:00 p.m. and 5:30 - 6:30 p.m. Wednesdays: 4:30 - 5:30 p.m.

Facilitator: Maril Crabtree, Fee: \$5 per class, minimum 4 classes, or \$7 a single class. call 913-831-4422 to register, or pay at door. For beginners or those who want a gentle hatha yoga class, focus is on breathing, movement and meditation. All classes held at Core Star 6045 Martway suite 101A

Core Star Energy Healing Clinic

Open to the Public - reservations requested, call 913-831-4422 to reserve a place

This clinic is for those who desire to learn and experience more about the benefits of healing through the human Energy Field. All healings are given by students who have demonstrated competency, and are under the supervision of Core Star Faculty. If you know anyone who is new to energy healing and would like to take advantage of this opportunity, please call us. Some conditions that have benefited from (but not limited to) energy healing are:

Addictions	Low energy
Allergies/Asthma	Migraines
Anxiety	PMS
Arthritis/Fibromyalgia	Pain management
Cancer	Ritual abuse
Cardiovascular disorders	Relationship concerns
Depression	Sexual dysfunction
Digestive disorders	Stress management
Emotional trauma/blocks	Stroke
Fracture recovery	Surgery recovery
Immunology disorders	Vocational concerns
Infectious diseases	Radiation and chemotherapy effects
Infertility	
Life transitions	

When: The second and fourth Tuesday of the month starting November 27, December 11, January 8 & 22, Feb 12 & 26, March 11&25, April 8&22, May 13.

Time: Energy Healers arrive by 7:00 p.m.

Clients please arrive no later than 7:15 p.m.

Where:

Core Star Facilities - Mission, Kansas

Cost: \$15 donation

for students and clients

Dancing with the Shift

When: January 3, 2008, 7:00 p.m. through January 6, 2008, noon. (same schedule as the Intensives in the Core Star Healing Training)

Where: At Core Star, 6045 Martway, Mission, Ks

Cost: \$450

We had a wonderfully well-received workshop at Shadowcliff, Grand Lake, Colorado, in August of this year. We are now repeating it at Core Star in January for those of you who were unable to attend.

Last winter I received new information that supports us in personal transformation for humans' response to the earth changes that are occurring and about to occur.

Thus, our "dance" with that shift.

These techniques involve an extended identification of ourselves on the hara line, as well as information and experience of the 8th through 11th levels of the fields, and the chakras that open us to those experiences.

More importantly (thought not necessarily of greater interest), I have been continually challenged to understand and experience the "dance" that occurs between our ego selves, and our higher selves, as we move through the transformation to an expanded self-identification (that will respond to the greater earth challenges that are imminent).

Thus, a second "dance" with the shift - that of our own experience of ego becoming converted to the higher self's vision of the transformed human.

Who can attend: Anyone who has attended the Core Star school or who has attended the one-day Introductory workshop is qualified to attend. If you would like to attend, but have not done either of those experiences, contact Jim Crabtree at Core Star to determine eligibility.

For more information, see www.CoreStarEnergyHealing.com

Scholarship Fund

The graduating class of 2007 created a scholarship fund to assist ongoing students. Thank You to all those who have contributed!! -- it has already provided some very appreciated and needed assistance to students. If anyone wishes to make a contribution, contact Jim at Core Star."



New Year Explorations

You are invited to come to Core Star Sunday, December 30, 2007 3:00 p.m.

artwork by Viviane

Jim will lead a meditation while sitting in the expanded Intention Realm, drawing on the energies



and information from the synchronicity, connection and wisdom available in those higher levels of the field.

At the conclusion of the meditation, he will continue to hold that energy and sit in that space for answering questions and reflections on whatever subject will empower you, as you move into the upcoming year.

As a recipient of this newsletter, you are automatically a member of the Core Star family, and we look forward to sharing this experience with you.