

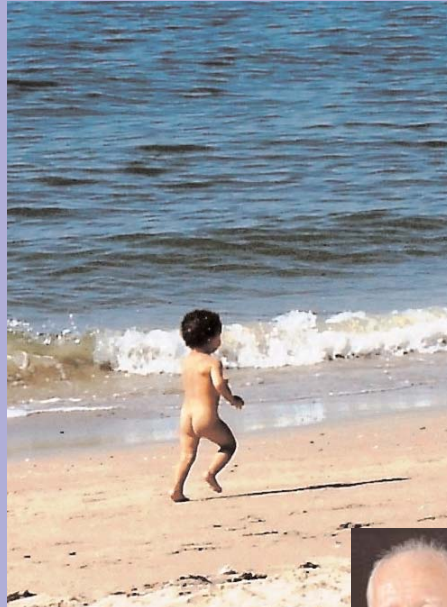
Welcome to Spring!



Maril Crabtree



Lynn Johnson



Jim Crabtree

Human Beings

I forget how magnificent and brilliant these beings called "humans" are.

That sounds like a silly statement. I am a healer and teacher devoted to helping people experience themselves as fully as possible, and using energy techniques that expand people's lives and help them set aside those things that dis-comfort (dis-"ease") them. Of course I know how humans are, don't I?

But the trap is: we end up so focused on what can be "fixed." Or we focus on the illusions of separation that keep people in their shells.

And every day I have the opportunity to be reminded that there is an urge to connect, a universal underlying desire for the well-being of all, and a luminescent jewel of love/light that shines from deep inside everybody.

I forget to see it.

Yesterday, in Mexico, I was working with a woman official who was to witness and notarize my signature. She was all about the business of getting the papers together, I was focused on making sure they said the correct things and it was a "normal" business transaction.

Then I just happened to try the Spanish word for one of the concepts. She looked into my eyes, smiled, and said, "You like to try out your Spanish?"



913-831-4422

6045 Martway, suite 104
Shawnee Mission, KS 66202



Passage To Healing The Core Star Healing School

The language of the event doesn't really describe what happened. When she looked, she opened a window to a beautiful soul that reached out for connection with mine - and for just one moment, I experienced this caring, connecting, beautiful being that has hopes and dreams and excitement.

Then she re-assumed her façade as an efficient, professional business person, and I assumed the role of client.

But that moment! A little thing. A reminder, however, of who really was there - playing the game of being limited humans, but only assuming that game.

Those moments happen all the time - sometimes in huge ways - as a Mother Theresa or the Dalai Lama inspire an entire generation with their freedom from the limited self definitions we culturally create. Sometimes, it's just experiencing the unbridled joyfulness of a two-year old on the beach that gives us the reminders.

It is helpful for me to keep reminding myself that that is who we really are. And it's really helpful to remind myself that that is who I really am.

Jim Crabtree

Sunday March 16, 11:00am - 6:00 p.m. UMKC Communiversy Health Fair

Core Star will have a table at UMKC Health Fair this month. Jim will be giving a talk on Using Energy to Heal Self and Others at 2:00, so let your friends and family know, and come on out to the University of Missouri Kansas City to Pierson Hall, and join us!

There will be many other holistic practitioners, vendors and products for sale that day. Each spring and fall the university hosts the fair with it's Communiversy staff, admission to the fair is free. Participants may pay \$2 per workshop or any 3 workshops for \$5 (1 free with a coupon), you can pick up coupons at Core Star prior to the event. Just give us a call at 913-831-4422!



Dates for the 2008 Core Star Foundation Series

March 27 - March 30

May 8 - May 11

Advanced Healing Training (second and third years)

Mar 13 - Mar 16 Connection

April 24 - April 27 -

Transcendence

June 5 - June 8 Graduation

**2008-09 Dates for Foundation,
Ascension (second Year) and
Manifestation (third year) can be found
on the website.**

Please visit

www.CoreStarEnergyHealing.com

**for more information on classes,
special workshops, clinics and costs.**

Intro to Energy Healing

Saturday April 19, 9:00 a.m. - 4:00 p.m.
(with lunch break)

Facilitators: Jim & Core Star instructors

Fee \$125 (Participants receive \$100 credit towards
tuition in the Core Star Foundation Series
starting Sept. 2008)

This training is offered for people who want to explore their abilities to work with healing energy. People who want to expand their knowledge and practical capabilities for working with healing energy.

You will learn, practice and know when to use four different forms of earth energy.

You'll identify and enhance your own developing psychic skills.

You will have a stronger sense of how to use your unique abilities to heal, and understand some basic principles of the art of healing. As well as have hands on practice with all of the above.

This workshop will provide a basic overview and understanding of the Core Star energy modality.

This workshop is approximately 1/2 experiential and 1/2 informational. This gives you an opportunity to learn about this modality, experience your own control of your energy, and your own ability to learn to perceive energy.

Cost \$125, Call 913-831-4422 to register, or register on line at www.CoreStarEnergyHealing.com

Held at Core Star
6045 Martway, suite 104
Mission KS 66202

Visit our website www.CoreStarEnergyHealing.com





Yoga Fundamentals:

Mondays: 5:30 - 6:30 p.m. Wednesdays: Chair Yoga from 2:00 - 3:00 p.m.

Facilitator: Maril Crabtree, Fee: \$5 per class, minimum 4 classes, or \$7 a single class. call 913-831-4422 to register, or pay at door. For beginners or those who want a gentle hatha yoga class, focus is on breathing, movement and meditation. All classes held at Core Star 6045 Martway suite 101A

Core Star Energy Healing Clinic

Open to the Public - reservations requested, call 913-831-4422 to reserve a place

This clinic is for those who desire to learn and experience more about the benefits of healing through the human Energy Field. All healings are given by students who have demonstrated competency, and are under the supervision of Core Star Faculty. If you know anyone who is new to energy healing and would like to take advantage of this opportunity, please call us. Some conditions that have benefited from (but not limited to) energy healing are:

Addictions	Low energy
Allergies/Asthma	Migraines
Anxiety	PMS
Arthritis/Fibromyalgia	Pain management
Cancer	Ritual abuse
Cardiovascular disorders	Relationship concerns
Depression	Sexual dysfunction
Digestive disorders	Stress management
Emotional trauma/blocks	Stroke
Fracture recovery	Surgery recovery
Immunology disorders	Vocational concerns
Infectious diseases	Radiation and chemotherapy effects
Infertility	
Life transitions	

When: The second and fourth Tuesday of the month starting March 11 & 25, April 8 & 22, May 13.

Time: Energy Healers arrive by 7:00 p.m.

Clients please arrive no later than 7:15 p.m.

Where:

Core Star Facilities - Mission, Kansas

Cost: \$15 donation

for students and clients

Announcements

Meditation Experiences, led by Ahura:

Core Star Graduate Ahura Basir will lead a meditation group beginning in March. The group meets once a month at 7:00 p.m., March 26, April 16, and May 21 at Core Star."



Come for a friendly, relaxing evening of meditation on the 3rd Wednesday of each month from 7-9pm at CoreStar in Mission, KS. All are welcome, new and experienced meditators alike. For each class we will gather at 7pm and start at promptly at 7:15 with a grounding meditation exercise and a guided meditation based on the needs and interests of the group with time for discussion in between. Requested class fee is \$10.00. Please call 816.374.5988 for more information.

Coming Together to Play in the World of our Fullest Selves!

We are excited about the next Colorado experience : publicity will be out shortly about the course content and much more! For now, put Shadowcliff Workshop on your calendar? August 25, 2008 to August 29, 2008.

Teacher Training and First Year Teacher

If you are a Core Star graduate, third-year student, or energy healer in a similar modality and would like to learn more about teaching, there is announcement of a new Teacher Training program. We are also expanding the role of the first-year teacher, and are sending information about this. If you are interested and have not received the email entitled Core Star Staffing 2008-2009, notify us at corestar@prodigy.net, and we'll send you a copy.

Is it time for you to start the Energy Healing Training?

The new first-year class (Core Star Foundation Series) will start on September 18. For details, look at the website, www.CoreStarEnergyHealing.com or call us at Core Star 913-831-4422.



Volunteer Opportunities with the Care Alternatives Hospice Program of Kansas City

The Care Alternatives Hospice is seeking volunteers to provide energy healing for the patient and also the care giver. The benefits of providing energy healing are life enhancing and calming for those patients at the transition stage of life, and also healing for their caregiver as well.

The healer would be providing healing within the home of patient and caregiver. A training and screening program is necessary for those who wish to volunteer. There are two Hospice locations in Kansas City, one in the northland off Barry Road and 159, and a second location in Overland Park.

If you feel called to provide such healing work, please call John Hoefer at 816-718-6358 or e-mail him at John_Hoefer@hotmail.com

